April 13, 2020

Dear Fellow Residents:

I hope you all are staying safe and healthy during this COVID-19 pandemic.

Social distancing can be difficult because, as people, we crave human interaction. It is in our nature. I understand how difficult it can be to stay at home, but we need to stay home to stop the spread. This is only temporary, so we need to do this now if we want to flatten the curve.

Please take care of yourself and your families, and please check in on your neighbors, especially our seniors and vulnerable population, to make sure they are staying safe and healthy through this challenging time. Since person to person contact is not advised, call or text your neighbors. If you want to check in on a neighbor but don’t have their number, you can talk through the door. Drop off a treat, a book, or a nice note.

It is especially important for us to reach out to older adults who live alone. Call, text or video chat, or send a hand-written letter. If you are an older person in need of help, reach out to your friends and family. Don’t hesitate to ask for help if you need it.

Groceries and household items can be delivered and there are many groups providing this service right now. Information and resources can be found by calling 2-1-1 or visiting www.211.org. The City of Camarillo has created a webpage specific to COVID-19 full of information, resources, services, and frequently asked questions. Visit www.cityofcamarillo.org/covid19.

Be safe! Be kind! Please do your part. Please remember that we are all in this together, Camarillo. And, we will persevere and get through this, together. Thank you.

Sincerely,

Tony Trembley
Mayor